TOPEKA PUBLIC SCHOOLS	REGULATION NUMBER: 8300-04
SUBJECT:	DATE OF ISSUE: 06/18/80
PHYSICAL EXAMINATIONS FOR STUDENTS	REVISIONS: 10/21/96; 05/08/98; 07/19/02 08/17/15; 07/12/19; 10/06/22
	PREPARING OFFICE: NURSING SERVICES

I. PURPOSE

To establish procedures for implementing physical examinations for students.

II. PROCEDURES

A. Health Assessments: Statutory Requirements

a) Prior to admission to and attendance in school, every student up to the age of nine (9) years who has not previously enrolled in any school in this state shall present the results of a health assessment, which shall have been conducted within twelve (12) months of school entry by a nurse, physician, or person acting under the direction of a physician.

Information contained in the health assessment shall be confidential and shall not be disclosed or made public except that:

- (1) Information contained in the health assessment may be disclosed to school personnel but only to the extent necessary to administer this section and protect the health of the student;
- (2) If a medical emergency exists, the information contained in the health assessment may be disclosed to medical personnel to the extent necessary to protect the health of the student;
- (3) If the parent or guardian of a student under eighteen (18) years of age consents to the disclosure of the information contained in the health assessment or, if the student is eighteen (18) years of age or older, if the student consents to the disclosure of the information; and
- (4) If no person can be identified in the information to be disclosed and the disclosure is for statistical purposes.
- b) As an alternative to the health assessment required under subsection (a), a student shall present:
 - (1) A written statement signed by one parent or guardian that the student is an adherent of a religious denomination whose religious teachings are opposed to such assessments; or
 - (2) A written statement signed by one parent or guardian that such assessment will be scheduled and completed within 90 days after admission to school.

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- c) Prior to the commencement of each school year, the school board shall give all known students who will be enrolling in the school and who are subject to the requirements of this regulation, a copy of the policy requirements.
- d) If a student transfers from one school to another, the school from which the student transfers shall forward, the results of the health assessment showing evidence of compliance with the requirements of this section.
- e) Local health departments and clinics may charge a sliding fee for providing such health assessments based on ability to pay, and no student shall be denied the health assessment due to inability to pay.
- f) The school board may exclude from school attendance, or authorize any certificated employee or committee of certificated employees to exclude from school attendance, any student who has not complied with these requirements. A student shall be subject to exclusion from school attendance under this section until such time as the student shall have complied with the requirements. Written notice shall be given to the parent or guardian of the student. The notice shall indicate the reason for the exclusion from school attendance, state that the student shall continue to be excluded until the student has complied with the requirements of this regulation and inform the parent or guardian that a hearing shall be afforded.
- g) The compulsory attendance law does not apply to any student while excluded from school attendance under the provisions of this regulation.

B. Initial Physical Examination

In addition to the requirements of the law, each child, prior to entrance in kindergarten, is required to have a complete health assessment by a family physician and a dental examination and is encouraged to follow the advice of the doctor and dentist's advice in correcting any deficiencies. Each child is also given hearing and vision screenings during the school year, and if any deficiencies are noted, the child is referred for further examination and care to a specialist selected by the parent(s). Parent(s) of students are asked to present evidence and findings of these examinations at enrollment.

These and other health suggestions should be made to parent(s) at a "Kindergarten Orientation" conducted yearly in each elementary school.

C. Periodic Physical Examinations

Each child is encouraged to have regular physical examinations at intervals prescribed by the family physician. Parents are urged to provide documentation of any examination to the school upon completion.

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D. Physical Examinations for Continued School Attendance

Pursuant to state law, no person afflicted with any infectious or contagious disease dangerous to the public health shall be admitted into any public school. It shall be the duty of the principal to exclude from school any student or other person affected with a disease suspected of being infectious or contagious until the expiration of the prescribed period of isolation or quarantine for the infectious or contagious disease. If a doctor or local health officer finds upon examination that the person affected with a disease, suspected of being infectious or contagious, is not suffering from an infectious or contagious disease, they may submit a certificate to allow the individual to be readmitted to school.

If a student appears to be ill or injured, and the illness or injury is not being treated; or that further diagnosis is indicated, the student may be required to have a physical examination and produce evidence of satisfactory diagnosis and treatment.

E. Health Inspection for Student Employees

Before a student may participate in food-handling activities in a school lunchroom or cafeteria, they must have a health inspection by the school nurse. This inspection includes general health, appearance, eye, ear, nose, throat, teeth, hands, and face. The student must demonstrate good personal hygiene habits.

F. Physical Examination and Parental Consent for Students in Interscholastic Athletics

Before participation in interschool activities, each athlete must have a physical examination. This examination must be taken sometime after May 1 for the following school year in which the student will participate.

G. Basic Physical Testing of Students

A basic vision and hearing testing of students is to be provided in Topeka Unified School District No. 501 in accordance with Kansas School Laws. The Superintendent or their designee is authorized to establish necessary procedures to implement this regulation.

6/18/80

Revisions: 8/1/91; 10/21/96; 7/19/02; 8/17/15;

7/12/19;10/06/22

Topeka Public Schools